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Form Approved  
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**Proxy 2011**



*Medical Expenditure Panel Survey*

# A Survey About Diabetes Care

*The care of people with diabetes is an important concern of the U.S. Department of Health and Human Services. We would appreciate it if you would take a few minutes to answer the following questions on the care your family member received for his or her diabetes. Your participation is voluntary and all of the answers will be kept confidential to the extent permitted by law. If you have any questions about this survey, please call Alex Scott at 1-800-945-MEPS (6377).*

This survey should be completed by

**NAME:** \_\_\_\_\_

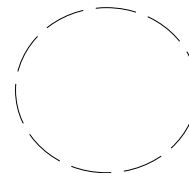
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**DOB:**   /   /     **PID:**

MONTH DAY YEAR

**RUID:**

When you have completed the survey, please fold it, seal it with this label, → and place it in the envelope provided.



Your responses will be kept confidential to the extent permitted by law, including AHRQ's confidentiality statute, 42 USC 299c-3(c). That law requires that information collected for research conducted or supported by AHRQ that identifies individuals or establishments be used only for the purpose for which it was supplied unless you consent to the use of the information for another purpose. Public reporting burden for this collection of information is estimated to average 3 minutes per response, the estimated time required to complete the survey. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: AHRQ Reports Clearance Officer Attention: PRA, Paperwork Reduction Project (0935-0118) AHRQ, 540 Gaither Road, Room # 5036, Rockville, MD 20850.



The Agency for Healthcare Research and Quality and  
The Centers for Disease Control and Prevention of the  
U.S. Department of Health and Human Services



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# A Survey About Diabetes Care

**Instructions:** Answer every question by checking one box  or filling in a number as indicated. If you are unsure about how to answer a question, please give the best answer you can. **In the questions below, "(NAME)" refers to the person listed in the box on the front page.**

A **health professional** could be a general doctor, a specialist doctor, a nurse practitioner, a physician assistant, a nurse, or anyone else you would see for health care.

1. Has (NAME) **ever** been told by a doctor or other health professional that he/she has diabetes or sugar diabetes? (CHECK ONE)

Yes .....  **Please continue.** ←

No .....  **Thank you for your time.** ←  
**This survey is complete.**

2. During 2010, how many times did a doctor, nurse, or other health professional check (NAME)'s **blood** for glycosylated hemoglobin or "hemoglobin A-one-C"?

*(A1C is a blood test to monitor the glucose level of diabetes over a period of several months. The A1C test is usually done in a lab, hospital, or doctor's office although a home kit containing materials for one or two tests is now available. The A1C test is not the same as a Home Glucose Monitoring test which is used at home to monitor glucose levels on a daily or weekly basis, and needs supplies of disposable test strips.)*

If (NAME) had this blood test, fill in NUMBER OF TIMES .....

Did not have A1C blood test .....

Don't know .....

Never .....

3. Which of the following year(s) did a doctor or other health professional check (NAME)'s feet for any sores or irritations? [CHECK ALL THAT APPLY]

During 2011 .....

During 2010 .....

During 2009 .....

Before 2009 .....

Never .....

4. Which of the following year(s) did (NAME) have an eye exam in which his/her pupils were dilated? This would have made (NAME) temporarily sensitive to bright light. [CHECK ALL THAT APPLY]

During 2011 .....

During 2010 .....

During 2009 .....

Before 2009 .....

Never .....

5. Which of the following year(s) did (NAME) have his/her blood cholesterol checked? [CHECK ALL THAT APPLY]

During 2011 .....

During 2010 .....

During 2009 .....

Before 2009 .....

Never .....



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6. Which of the following year(s) did (NAME) get a flu vaccination (shot or nasal spray)? [CHECK ALL THAT APPLY]
- During 2011 .....
- During 2010 .....
- During 2009 .....
- Before 2009 .....
- Never .....
7. Has (NAME)'s diabetes caused problems with his/her kidneys?
- Yes .....
- No .....
8. Has (NAME)'s diabetes caused problems with his/her eyes that needed to be treated by an ophthalmologist?
- Yes .....
- No .....
9. Is (NAME)'s diabetes being treated by modifying his/her diet?
- Yes .....
- No .....
10. Is (NAME)'s diabetes being treated by medications taken by mouth?
- Yes .....
- No .....
11. Is (NAME)'s diabetes being treated with insulin injections?
- Yes .....
- No .....
12. During the last 12 months, has (NAME) learned how to take care of his/her diabetes?
- Yes .....
- No (Skip to Q 14) .....
13. Which of the following methods has (NAME) used to learn to take care of his/her diabetes? [CHECK ALL THAT APPLY]
- Talking to a doctor/health professional within his/her primary care practice .....
- Talking to a doctor/health professional not in his/her primary care practice .....
- Telephone call with a health professional .....
- Reading about it on the Internet .....
- Taking a group class .....
- Other (specify) \_\_\_\_\_
14. How confident is (NAME) in taking care of his/her diabetes?
- Not confident at all .....
- Somewhat confident .....
- Confident .....
- Very confident .....
- Refused .....
- Don't know .....

**Thank you for taking the time to complete this important survey.**  
*Please remember to fold it, seal it, and place it in the envelope provided.*

Date completed: MONTH   DAY   YEAR

Who completed the survey for the person named on the front page?

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What is this person's relationship to the person named on the front page?

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What is the reason the person named on the front page did not complete the survey himself/herself?

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Data Year 2010  
11-231

