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Form Approved  
OMB #0935-0118  
Expiration Date 11/30/2021

**Self 2020**



# A Survey About Your Diabetes Care

*The care of people with diabetes is an important concern of the U.S. Department of Health and Human Services. Please take a few minutes to answer the following questions on the care you received for your diabetes. Your participation is voluntary and all of your answers will be kept confidential to the extent permitted by law. If you have any questions about this survey, please call Alex Scott at 1-800-945-MEPS (6377).*

This survey should be completed by →

**NAME:** \_\_\_\_\_

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**DOB:**   /   /     **PID:**

MONTH DAY YEAR

**RUID:**

When you have completed the survey, return it to your interviewer.

This survey is authorized under 42 U.S.C. 299a. The confidentiality of your responses to this survey is protected by Sections 944(c) and 308(d) of the Public Health Service Act [42 U.S.C. 299c-3(c) and 42 U.S.C. 242m(d)]. Information that could identify you will not be disclosed unless you have consented to that disclosure. Public reporting burden for this collection of information is estimated to average 3 minutes per response, the estimated time required to complete the survey. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: AHRQ Reports Clearance Officer Attention: PRA, Paperwork Reduction Project (0935-0118) AHRQ, 5600 Fishers Lane Room #07W42, Rockville, MD 20857.



The Agency for Healthcare Research and Quality and  
The Centers for Disease Control and Prevention of the  
U.S. Department of Health and Human Services



# A Survey About Your Diabetes Care

**Instructions:** Answer each question by marking one box  or filling in a number when necessary. If you are unsure about how to answer a question, please give the best answer you can.

A **health professional** could be a general doctor, a specialist doctor, a nurse practitioner, a physician assistant, a nurse, or anyone else you would see for health care.

1. Have you **ever** been told by a doctor or other health professional that you have diabetes or sugar diabetes?  
MARK  ONE.

Yes → **Please continue.**

No → **Thank you for your time.**  
**This survey is complete.**

2. During 2019, how many times did a doctor, nurse, or other health professional check your **blood** for glycosylated hemoglobin or "hemoglobin A-one-C"?

*(A1C is a blood test to monitor the glucose level of diabetes over a period of several months. The A1C test is usually done in a lab, hospital, or doctor's office although a home kit containing materials for one or two tests is now available. The A1C test is not the same as a Home Glucose Monitoring test which is used at home to monitor glucose levels on a daily or weekly basis, and needs supplies of disposable test strips.)*

If you had this blood test, fill in  
NUMBER OF TIMES

Did not have A1C blood test

Don't know

Never

3. Which of the following year(s) did a doctor or other health professional check your feet for any sores or irritations?  
MARK  ALL THAT APPLY.

During 2020

During 2019

During 2018

Before 2018

Never

4. Which of the following year(s) did you have an eye exam in which your pupils were dilated? This would have made you temporarily sensitive to bright light.  
MARK  ALL THAT APPLY.

During 2020

During 2019

During 2018

Before 2018

Never

5. Which of the following year(s) did you have your blood cholesterol checked?  
MARK  ALL THAT APPLY.

During 2020

During 2019

During 2018

Before 2018

Never



6. Which of the following year(s) did you get a flu vaccination (shot or nasal spray)?  
MARK  ALL THAT APPLY.
- During 2020
  - During 2019
  - During 2018
  - Before 2018
  - Never
7. Has your diabetes caused problems with your kidneys?
- Yes
  - No
8. Has your diabetes caused problems with your eyes that needed to be treated by an ophthalmologist?
- Yes
  - No
9. Is your diabetes being treated by modifying your diet?
- Yes
  - No
10. Is your diabetes being treated by medications taken by mouth?
- Yes
  - No
11. Is your diabetes being treated with insulin injections?
- Yes
  - No
12. During the last 12 months, have you learned how to take care of your diabetes?
- Yes
  - No → **Go to Question 14**
13. Which of the following methods have you used to learn to take care of your diabetes?  
MARK  ALL THAT APPLY.
- Talking to a doctor/health professional within your primary care practice
  - Talking to a doctor/health professional not in your primary care practice
  - Telephone call with a health professional
  - Reading about it on the Internet
  - Taking a group class
  - Other (specify) \_\_\_\_\_
14. How confident are you in taking care of your diabetes?
- Not confident at all
  - Somewhat confident
  - Confident
  - Very confident
  - Refused
  - Don't know

→ PLEASE CONTINUE TO THE BACK COVER.



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**Thank you for taking the time to complete this important survey.**

*Please remember to return it to your interviewer.*

Date completed:   MONTH   DAY     YEAR

If this survey was not completed by the person named on the front page, who completed the survey?

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What is this person's relationship to the person named on the front page?

- Husband or wife                       Mother, father, or guardian                       Other relative  
 Unmarried partner                       Son or daughter                       Not related

What is the reason the person named on the front page did not complete the survey himself/herself?

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Data Year 2019  
20-230