



# AGENCY FOR HEALTHCARE RESEARCH AND QUALITY

## MEPS DATA USERS' WORKSHOP TWO-DAY COMPUTER HANDS-ON CONDITIONS, EXPENDITURES, AND UTILIZATION

### AHRQ CONFERENCE CENTER WORKSHOP LOGISTICAL FACT SHEET

**Location:**

**AHRQ Conference Center  
540 Gaither Road  
Rockville, MD 20850-6649  
Phone: 301-427-1831**

**For security purposes, please be prepared to show a photo ID to enter the AHRQ facility.**

**Participants are responsible for their own travel arrangements, hotel accommodations, and meals.** There is a break room at AHRQ with vending machines. There are places for lunch either within walking distance or via the AHRQ shuttle. Directions will be provided at the check-in.

**Hotel  
Accommodations:**

There are many hotels within a one-mile radius of the AHRQ building that can be found by searching on the Internet. Some local hotels offer shuttle service to the nearby Shady Grove Metro station and may also offer shuttle service from your hotel to AHRQ. Confirm shuttle arrangements when making hotel reservations.

**Ground  
Transportation:**

If you take **METRO** (the subway system for the D.C. metropolitan area), the free AHRQ shuttle leaves from the Shady Grove station during the morning at :15 and :45 minutes past the hour starting at 6:45 am and will bring you directly to the AHRQ building. To reach the AHRQ shuttle, turn **left** after exiting the Metro fare gates at the Shady Grove station, go up the escalator—the shuttle will park to your immediate right. If you decide to take MetroBus instead of the AHRQ shuttle, take the route 63 or 66 bus from the Shady Grove station. The AHRQ building is located across the parking lot from the Market Place corner store at the corner of Redland and Gaither Roads (see the last page for a map of the immediate area).

If you drive, **pay parking** is available at the AHRQ building. The lot is only accessible through the entrance on Gaither Road. Maximum daily cost is \$4.

**Driving  
Directions:**

**From Baltimore:** Take I-95 South to I-495 West. Then follow directions from Prince George's County.

**From Prince George's County:** Take I-495 West (toward Bethesda) to the I-270 North exit. Take I-270 North to Shady Grove Road East (Exit 8), and immediately bear right to Redland Boulevard. Continue on Redland Boulevard through traffic light and turn right into Redland Center parking lot.

**From Virginia and South:** Take I-495 North to the I-270 North exit. Take I-270 North to Shady Grove Road East (Exit 8), and immediately bear right to Redland Boulevard through traffic light and turn right into Redland Center parking lot.

**From Route 355 North (Rockville Pike):** Turn left on Redland Boulevard and turn left at the intersection of Redland Boulevard and Gaither Road. From Gaither Road, turn right into the Redland Center parking lot.

**From Route 355 South (Rockville Pike):** Turn right on Redland Boulevard and turn left at the intersection of Redland Boulevard and Gaither Road. From Gaither Road, turn right into the Redland Center parking lot.

**From Frederick County:** Take I-270 South to Shady Grove Road East (Exit 8). Travel east about .6 miles and turn right on Gaither Road. Travel south and cross Redland Boulevard. From Gaither Road, turn right into the Redland Center parking lot.

**From Hubert H. Humphrey Building:** Go West on Independence Avenue SW (toward Washington Avenue SW). Turn left onto ramp. Stay straight to 9th Street SW. Take I-395 South ramp (toward Virginia) and merge onto I-395 (toward Richmond). Take George Washington Memorial Parkway North (Exit 10C, toward Arlington Cemetery). Take I-495 North (toward Maryland). Follow directions from Virginia and South.

#### Shuttle/Taxi Services from Airports:

From **Ronald Reagan Washington National Airport (DCA)**, **Washington Dulles International Airport (IAD)**, and **Baltimore Washington (Thurgood Marshall) International Airport (BWI)**:

- **SuperShuttle** 1-800-BLUE VAN (1-800-258-3826): Reservations should be made **in advance**.
- **The Airport Shuttle** 1-800-776-0323 or 410-381-2772: Reservations should be made **in advance**.
- **Taxicab:** Taxis are readily available outside the baggage claim areas of all local airports.

A direct trip from any of the three airports takes approximately 1 hour depending on traffic. Allow slightly more time to/from BWI and slightly less to/from DCA.

#### Metro Subway Services:

Metro fare cards are magnetic cards purchased from machines located at the entrance to each station. The fares between stations are listed at the station entrance. Fare cards can be purchased for any amount of money up to \$20.

From **Ronald Reagan Washington National Airport (DCA)**: Board the Metro **Yellow Line** going toward *Mt Vernon Sq 7th St-Convention Center* station. Transfer at the *Gallery Place-Chinatown* station to the **Red Line** going toward *Shady Grove*. Exit at *Shady Grove* station. Travel time is approximately 1 hour and 20 minutes.

From **Union Station/Amtrak**: Board the Metro **Red Line** toward *Shady Grove* and exit at the *Shady Grove* station. Travel time is approximately 50 minutes.

Once at Shady Grove Station, follow the directions provided in the Ground Transportation section above for free AHRQ shuttle service directions to the AHRQ Eisenberg Office Building.

An interactive map of the Metro subway system that allows you to click on any station name for information about that station is available on the Web at <http://www.wmata.com/rail/maps/map.cfm>.