

3.6875 panel width
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3.6562 panel width
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Your Health Care
**Record
Keeper**



Agency for Healthcare Research and Quality
U.S. Department of Health and Human Services



1652538799.1021

OMB #0935-0118
22-450

Instructions

You may use this record keeper to help prepare for your MEPS interviews. Each time you or a family member receives health care, record the following information:

- household member's name
- date of the visit or phone call
- name of health care provider
- reason for the visit or phone call
- charge and payment information
- any medications prescribed

On the back of the record keeper there is space to record your health care providers' contact information.

Name _____
 Date of Visit _____
 Provider Name _____
 Reason for Visit _____
 Total Charge _____
 Payment by Family _____
 Payment by Other _____
 Prescriptions _____

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 Provider Name _____
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