

PREPARING FOR YOUR MEPS INTERVIEW



What we will ask about:

Your interviewer will ask you about visits to all different types of health care providers, such as:

- hospitals – for inpatient, outpatient, or emergency room care
- doctors' offices, clinics, or HMOs
- visits for blood tests, x-rays, or other tests
- visits to the dentist
- visits to chiropractors, physical therapists, optometrists, or other kinds of healthcare providers



The interviewer will also ask about health-related purchases, such as:

- prescription medicines
- eyeglasses or contact lenses
- diabetic supplies
- other health-related equipment



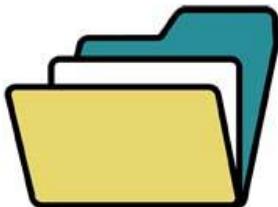
Who we will ask about:

Your interviewer will ask questions about the healthcare received by each family member living with you. Check with family members who will not be present for the interview to find out about their health care.

How to get ready:

Having records to look at during the interview can be very helpful. Records can include:

- a calendar – on a phone, computer, or paper
- computerized health care records from your provider or patient portal
- appointment cards
- bills and explanations of benefits
- medicine bottles or receipts



Your interviewer will be happy to help you use your records to find the information needed for the study.

If you have questions before your visit, please call Alex Scott toll-free at **1-800-945-6377**.

Thank You!

TIPS FOR MAKING YOUR MEPS INTERVIEW EASIER

Use records like these to make it easier to answer the MEPS survey questions:

➤ Records covering health care appointments for all household members

- A family calendar, or each person's own calendar
- Electronic calendar in a cell phone, laptop, tablet or iPad, etc.
- Appointment cards or email reminders from a medical provider
- Receipts
- Explanation of Benefits (EOB) from your health insurance provider
- Computerized health care records from your provider or patient portal
- MEPS monthly planner with your notes added

➤ Records covering health care received without an appointment

- Emergency Room (ER) or Walk-In Clinic discharge instructions or receipts
- Payment records (e.g., credit card statements, debit card records, checkbook log)
- Health care provider business cards
- Prescription medicine bottles
- Pharmacy print-outs
- Explanation of Benefits (EOB) from your health insurance provider
- Lab referral or result records

THANK YOU for gathering this information for all household members!

**** Your MEPS interviewer is happy to work with you ****
in using these documents during the interview