Self 2008

MEPS
Medical Expenditure Panel Survey

A Survey About Your Diabetes Care

The care of people with diabetes is an important concern of the U.S. Department of Health and Human Services. Please take a few minutes to answer the following questions on the care you received for your diabetes. Your participation is voluntary and all of your answers will be kept confidential. If you have any questions about this survey, please call Alex Scott at 1-800-945-MEPS (6377).

This survey should be completed by

NAME: _____

_____

DOB: _____ PID: _____

RUID: _____

When you have completed the survey, please fold it, seal it with this label, and place it in the envelope provided.

The Agency for Healthcare Research and Quality and
The Centers for Disease Control and Prevention of the
U.S. Department of Health and Human Services

A Survey About Your Diabetes Care

Instructions: Answer every question by checking one box ☑ or filling in a number as indicated. If you are unsure about how to answer a question, please give the best answer you can.

1. Have you **ever** been told by a doctor or other health professional that you have diabetes or sugar diabetes? (CHECK ONE)

   Yes ..... ☐ 1

   ➠**Please continue.**

   No ..... ☐ 2

   ➠**Thank you for your time. This survey is complete.**

2. During 2007, how many times did a doctor, nurse, or other health professional check your **blood** for glycosylated hemoglobin or "hemoglobin A-one-C?"

   *(A1C is a blood test that is primarily done to monitor the glucose level of diabetics. Please note that this is a blood test which has to be done in a lab, hospital, or doctor's office; this is **NOT** a test which you can perform at home.)*

   If you had this blood test, fill in

   Number of Times ..... ____

   Did not have A1C blood test ..... ☐ 96

   Don't know ..... ☐ 98

   Never ..... ☐ 00

3. During 2007, how many times did a health professional check your feet for any sores or irritations? (FILL IN NUMBER OF TIMES)

   Number of Times ..... ____

   Never ..... ☐ 00

4. Which of the following year(s) did you have an eye exam in which your pupils were dilated? This would have made you temporarily sensitive to bright light. (CHECK ALL THAT APPLY)

   During 2008 ..... ☐ 1

   During 2007 ..... ☐ 2

   During 2006 ..... ☐ 3

   Before 2006 ..... ☐ 4

   Never ..... ☐ 00

5. Has your diabetes caused problems with your kidneys?

   Yes ..... ☐ 1

   No ..... ☐ 2

6. Has your diabetes caused problems with your eyes that needed to be treated by an ophthalmologist?

   Yes ..... ☐ 1

   No ..... ☐ 2

7. Is your diabetes being treated by modifying your diet?

   Yes ..... ☐ 1

   No ..... ☐ 2

8. Is your diabetes being treated by medications taken by mouth?

Yes ..... ☐ 1
No ..... ☐ 2

9. Is your diabetes being treated with insulin injections?

Yes ..... ☐ 1
No ..... ☐ 2

10. During the last 6 months, have you received any of the following to teach you how to take care of your diabetes:

Telephone call to your house

Yes ..... ☐ 1
No ..... ☐ 2

Appointment with nurse

Yes ..... ☐ 1
No ..... ☐ 2

Visit to your home

Yes ..... ☐ 1
No ..... ☐ 2

Referral to a specialist

Yes ..... ☐ 1
No ..... ☐ 2

11. About how long has it been since you had your blood cholesterol checked by a doctor or other health professional?

WITHIN PAST YEAR ..... ☐ 1
WITHIN PAST 2 YEARS ..... ☐ 2
WITHIN PAST 3 YEARS ..... ☐ 3
WITHIN PAST 5 YEARS ..... ☐ 4
MORE THAN 5 YEARS ..... ☐ 5
NEVER ..... ☐ 00

12. About how long has it been since you had a flu vaccination (shot or nasal spray)?

WITHIN PAST YEAR ☐ 1
WITHIN PAST 2 YEARS ..... ☐ 2
WITHIN PAST 3 YEARS ..... ☐ 3
WITHIN PAST 5 YEARS ..... ☐ 4
MORE THAN 5 YEARS ..... ☐ 5
NEVER ..... ☐ 00

Thank you for taking the time to complete this important survey.

Please remember to fold it, seal it, and place it in the envelope provided.

Date completed _____

If this survey was not completed by the person named on the front page, who completed the survey? _____

What is this person's relationship to the person named on the front page?

_____

_____

What is the reason the person named on the front page did not complete the survey himself/herself? _____

_____

_____

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