# MEPS HC-140: 2002-2009 Risk Adjustment Scores

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#### A. Data Use Agreement

Individual identifiers have been removed from the micro-data contained in these files. Nevertheless, under sections 308 (d) and 903 (c) of the Public Health Service Act (42 U.S.C. 242m and 42 U.S.C. 299 a-1), data collected by the Agency for Healthcare Research and Quality (AHRQ) and/or the National Center for Health Statistics (NCHS) may not be used for any purpose other than for the purpose for which they were supplied; any effort to determine the identity of any reported cases is prohibited by law.

Therefore in accordance with the above referenced Federal Statute, it is understood that:

- 1. No one is to use the data in this data set in any way except for statistical reporting and analysis; and
- 2. If the identity of any person or establishment should be discovered inadvertently, then (a) no use will be made of this knowledge, (b) the Director Office of Management AHRQ will be advised of this incident, (c) the information that would identify any individual or establishment will be safeguarded or destroyed, as requested by AHRQ, and (d) no one else will be informed of the discovered identity; and
- 3. No one will attempt to link this data set with individually identifiable records from any data sets other than the Medical Expenditure Panel Survey or the National Health Interview Survey.

By using these data you signify your agreement to comply with the above stated statutorily based requirements with the knowledge that deliberately making a false statement in any matter within the jurisdiction of any department or agency of the Federal Government violates Title 18 part 1 Chapter 47 Section 1001 and is punishable by a fine of up to \$10,000 or up to 5 years in prison.

The Agency for Healthcare Research and Quality requests that users cite AHRQ and the Medical Expenditure Panel Survey as the data source in any publications or research based upon these data.

#### **B.** Background

#### 1.0 Household Component

The Medical Expenditure Panel Survey (MEPS) provides nationally representative estimates of health care use, expenditures, sources of payment, and health insurance coverage for the U.S. civilian non-institutionalized population. The MEPS Household Component (HC) also provides estimates of respondents' health status, demographic and socio-economic characteristics, employment, access to care, and satisfaction with health care. Estimates can be produced for individuals, families, and selected population subgroups. The panel design of the survey, which includes 5 Rounds of interviews covering 2 full calendar years, provides data for examining person level changes in selected variables such as expenditures, health insurance coverage, and health status. Using computer assisted personal interviewing (CAPI) technology, information about each household member is collected, and the survey builds on this information from interview to interview. All data for a sampled household are reported by a single household respondent.

The MEPS-HC was initiated in 1996. Each year a new panel of sample households is selected. Because the data collected are comparable to those from earlier medical expenditure surveys conducted in 1977 and 1987, it is possible to analyze long-term trends. Each annual MEPS-HC sample size is about 15,000 households. Data can be analyzed at either the person or event level. Data must be weighted to produce national estimates.

The set of households selected for each panel of the MEPS HC is a subsample of households participating in the previous year's National Health Interview Survey (NHIS) conducted by the National Center for Health Statistics. The NHIS sampling frame provides a nationally representative sample of the U.S. civilian non-institutionalized population and reflects an oversample of blacks and Hispanics. MEPS may also oversamples additional policy relevant sub-groups such as Asians and low income households. The linkage of the MEPS to the previous year's NHIS provides additional data for longitudinal analytic purposes.

#### 2.0 Medical Provider Component

Upon completion of the household CAPI interview and obtaining permission from the household survey respondents, a sample of medical providers are contacted by telephone to obtain information that household respondents can not accurately provide. This part of the MEPS is called the Medical Provider Component (MPC) and information is collected on dates of visit, diagnosis and procedure codes, charges and payments. The Pharmacy Component (PC), a subcomponent of the MPC, does not collect charges or diagnosis and procedure codes but does collect drug detail information, including National Drug Code (NDC) and medicine name, as well as date filled and sources and amounts of payment. The MPC is not designed to yield national estimates. It is primarily used to supplement/replace household reported expenditure information and as the main source for imputation of missing expenditure data.

#### 3.0 Survey Management and Data Collection

MEPS HC and MPC data are collected under the authority of the Public Health Service Act. Data are collected under contract with Westat, Inc. and RTI, Inc. Data sets and summary statistics are edited and published in accordance with the confidentiality provisions of the Public Health Service Act and the Privacy Act. The National Center for Health statistics (NCHS) provides consultation and technical assistance.

As soon as data collection and editing are completed, the MEPS survey data are released to the public in staged releases of summary reports, micro data files, and tables via the MEPS web site: <u>http://www.meps.ahrq.gov/</u>. Selected data can be analyzed through MEPSnet, an on-line interactive tool designed to give data users the capability to statistically analyze MEPS data in a menu-driven environment.

Additional information on MEPS is available from the MEPS project manager or the MEPS public use data manager at the Center for Financing Access and Cost Trends, Agency for Healthcare Research and Quality, 540 Gaither Road, Rockville, MD 20850 (301-427-1406).

#### C. Technical Information

#### **1.0 Data File Content**

This documentation describes the 2002-2009 Relative Risk Scores Public use File derived from the respondents to the Medical Expenditures Panel Survey (MEPS) sample for Panels 7 through 14. To obtain analytic variables, the records on this file must be linked to the corresponding MEPS public use data sets by the sample person identifier (DUPERSID).

This Public Use File contains **Relative Risk Scores** for most respondents in Panel 7 through 14 (2002-2009) in the Medical Expenditure Panel Survey. Each record contains a PANEL indicator which identifies the time period the respondent was in the survey. For example if PANEL=7, the respondent was in the MEPS survey for 2002 and 2003; PANEL 14 respondents participated in MEPS in 2009-2010. This file contains a total of 127,697.

#### 2.0 Relative Risk Scores based on the DxCG Model in MEPS

A large literature describes methods for estimating the relative propensity to consume health services. These methods are used to adjust for the risk of future utilization when predicting or explaining health care utilization and costs. These "risk adjustment" methods are typically based on diagnostic information from claims data. One well known risk adjustment model, the DxCG model, has been developed by researchers at Verisk Health, Inc. (formerly DxCG Inc.). DxCG prospective relative risk scores (RRSs) are good "generic" measures of disease burden. Studies have shown that people with higher RRS scores go on to use more inpatient hospital services, ER services and home care, and to experience higher mortality. These scores are widely employed in health policy studies, budgeting, payment, pricing, negotiation, provider profiling, disease management reconciliation, and resource planning.

To add value for health services researchers, AHRQ used diagnosis codes in MEPS, from relevant condition-level data files, to generate a relative risk score for most individuals in the survey, to enable risk-adjustment for examining future health care spending, and as a general proxy for morbidity due to disease burden. Sightlines<sup>TM</sup> DxCG Risk Solutions software, Version 4.0.1, was used to calculate relative risk scores using DxCG models.

The DxCG model takes diagnostic information, in the form of International Classification of Diseases (ICD) codes, and aggregates specific diagnoses into broader clinically meaningful categories. Hierarchical Condition Categories (HCCs) are based on the 5-digit-level ICD-9-CM diagnosis codes. In MEPS, these codes are obtained from professional coders' analysis of respondents' verbatim descriptions. Each code is classified into one of 394 condition categories, and hierarchies are further imposed to make predictions more robust to variations in how disease codes are captured, to reward specific coding, and to increase model stability. Thus, to avoid double counting, only the most severe condition in a hierarchy is considered when developing a risk score for an individual. However, the risk models do consider multiple conditions from different hierarchies. Regression models have been developed using large national samples to predict various outcomes, including future medical expenditures. Age, sex, HCCs and interaction terms are included in the models. The specific details of the models are proprietary. The

individual-level prediction is a relative risk score (RRS). The relative risk score is a summary of disease burden and expected annual health care resource use at the individual level. For example, someone with a RRS of 1.0 is expected to have expenditures at the mean of the appropriate population; someone with a risk score of 1.50 is expected to have expenditures 50% larger than the average.

The RRS can be converted into a dollar prediction by multiplying by an appropriate sample mean. For example, if a reference population has \$2000 mean costs, then multiply RRS by \$2000. DxCG/HCC models are described in several articles referenced at the end of this note (Section D).

#### 3.0 Important Points to Consider

Users should be aware of several factors that affect the calculation and interpretation of the relative risk scores:

**Prospective Models.** The Sightlines <sup>IM</sup> DxCG Risk Solutions software provides risk scores using several different types of models. While all models use the same basic DxCG framework, the models differ in their details and in the outcomes used to calibrate the models. Some models predict concurrent costs, while prospective models predict future costs. For developing relative risk scores in MEPS, prospective models were used. Recall that each Panel in MEPS provides information for a two-year observation period. For a prospective model, information from Year 1 is used to predict costs in Year 2. Thus, the relative risk scores are based on diagnostic information reported in Year 1 of a panel. Any diagnoses that were reported for the first time in Year 2 are not included in the calculation of risk scores. In the models, age was coded as age at the beginning of the second year of a panel.

**Ineligible Cases.** Relative risk scores have not been calculated for respondents who had nonpositive longitudinal weights (i.e., LONGWT<=0). The documentation for MEPS PUF HC-36 discusses the nature of the MEPS longitudinal file and longitudinal weights. Essentially, these weights are used when both years of a MEPS panel are analyzed together. Because we used data from Year 1 of a panel to predict expenditures in Year 2, only data from those respondents with positive longitudinal weights are appropriate. Thus 15,362 respondents without positive longitudinal weights in Panels 7-14 do not appear in this PUF. (Of these, 8,185 were in only the first year of a panel; 2,586 were in only the second year of a panel; and 4,591 were in both years of a panel, but for other reasons do not have a positive longitudinal weight.)

Respondents with a positive longitudinal weight who were nevertheless not eligible for MEPS in Year 1 (e.g., entered the MEPS during Year 2, such as newborns, people returning from the military) have no diagnostic information from Year 1 and thus have no risk score calculated. There are 2,096 such respondents in the data file; these respondents have a code of "2" for the variable YEARONE. Risk scores for these individuals have been assigned the missing value code of -9. Thus, any analyses that use the relative risk scores should be subset to respondents for whom YEARONE = 1 (n=125,601). Users of the relative risk scores should ensure that cases with codes of -9 are not included in substantive analyses.

**ICD-9 Coding Level.** The MEPS public use data contain 3-digit level ICD-9-CM diagnosis codes. However, the 5-digit level ICD-9 codes were used when calculating the risk scores. Prior to releasing relative risk scores for Panels 1-9, in PUF HC-92, we examined how using 3-digit diagnoses (rather than 5-digit codes) would affect the prospective DxCG/HCC model's performance. Although using 3-digit codes would reduce the model's specificity in clinical classification and its predictive accuracy, the loss in specificity and predictive power was small.

**Insurance Coverage.** Insurance coverage presents a complication in applying DxCG models to the MEPS data. DxCG models have been developed using linear regression on large national claims datasets from particular insurers. Different models have been developed for different datasets: One risk adjustment model was derived for Medicare claims, another for claims for privately insured individuals, and a third for Medicaid claims data. While the majority of MEPS respondents have one source of insurance coverage during a calendar year, people can be uninsured, and they can change insurance coverage during a year. To accommodate this complexity, we developed a variable that represents the **predominant** form of coverage for each respondent during Year 1 of the Panel. This variable, INSCAT1, has four categories:

- 1 Medicare
- 2 Private
- 3 Medicaid
- 4 Uninsured

Respondents were assigned to a category based on the number of months of each type of coverage (or no coverage) during the first panel year. Thus, if someone had seven months of private coverage and five months of Medicare, the person was coded as private (INSCAT1 = 2). If someone had equal months of coverage for two or more different sources, their classification was based on the following hierarchy: Medicare, private, Medicaid, uninsured.

The models were developed to predict health care costs. For the private insurance model, all future expenditures were predicted. However, **for the Medicare and Medicaid models costs refer to the kinds of costs covered within an insurance system.** Thus, for example, a person with high long term care costs may look less expensive to a Medicare model (since Medicare does not pay long term care costs) than he or she would to a Medicaid model (which does pay such costs). These models were developed to predict program payments, not all expenditures.

For those familiar with Sightlines<sup>TM</sup> DxCG Risk Solutions models, Version 4.0.1, we used the following specific model options:

Commercial: Model 26 Medicare: Model 121 Medicaid: Model 64

Prior investigation for Panels 1-7 showed that, for respondents who were uninsured, the commercial model provided the best prospective prediction of costs, compared with the

Medicare or Medicaid models. Thus, the commercial model was used to calculate risk scores for respondents classified as uninsured in Panels 7-14.

Users should note that the Medicaid model excludes individuals who are aged 65 or older. There are 14,981 such respondents in Panels 7-14. These respondents have been assigned the missing value code of -1 for risk scores based on the Medicaid model. Users should deal with these missing values appropriately in their analyses (i.e., exclude individuals with -1 scores if using relative risk scores from the Medicaid model).

**Age/Sex and HCC Specifications.** Within each type of DxCG model (Medicare, commercial, and Medicaid) there are two model specifications: A basic model includes only information on the person's age and sex ("age/sex" or "A/S" model), and a more elaborate model also includes information on the HCCs (in addition to age and sex), based on medical conditions reported for each respondent in MEPS. This file includes relative risk scores from both the A/S specification and the HCC specification.

To provide maximum flexibility and information for users of MEPS data, each of the three established DxCG prediction models (Medicare, commercial, and Medicaid) was applied to each MEPS respondent, regardless of the person's insurance status. Thus, **six** relative risk scores, based on a combination of model type (Medicare, commercial, and Medicaid) and model specification ("A/S" only, or age/sex and HCCs), have been produced for each person. (Respondents aged 65 and older have been assigned a missing value code of -1 for age/sex and HCC Medicaid model scores.)

Table 1 shows the variable names, corresponding to the models used to implement the DxCG prediction, and the inputs used in each model.

DxCG Risk Score Name (in DxCG, Inc. software)	Model Type*	YEARONE Model Inputs
RRSASMC	A/S_Medicare	Age, Sex
RRSHCCMC	HCC_Medicare	Age, Sex, Diagnoses
RRSASPV	A/S_Private	Age, Sex
RRSHCCPV	HCC_Private	Age, Sex, Diagnoses
RRSASMD	A/S_Medicaid	Age, Sex
RRSHCCMD	HCC_Medicaid	Age, Sex, Diagnoses, Eligibility Categories

Table 1 –	Prospective	DxCG Re	lative Risk	Scores in	MEPS
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\* "A/S" refers to models based on age and sex alone. "HCC" stands for the Hierarchical Condition Category modeling framework that organizes diagnostic information into profiles, which, in conjunction with demographic data, are used (in these prospective models) to predict next year's health care cost. The second part of each type name refers to the population on which the model was originally derived: Medicare, commercially (privately) insured, or Medicaid. For age/sex ("A/S") models and HCC models, the software distinguishes patients in the age categories of 85-90, 90-94, and 95+. However, in MEPS age is top-coded at 85 for purposes of maintaining confidentiality. Thus, the small number of MEPS respondents 85 or older have been combined into one category. For this reason, distributions of the variables that indicate the combination of gender and DxCG age category for the commercial insurance and the Medicare models (AGESEXPV and AGESEXMC) do not contain values of 16, 17, 33, and 34, which pertain to ages older than 85.

**Software Enhancements.** A previous Public Use File (PUF HC-92) contained relative risk scores for respondents in MEPS Panels 1–9. An earlier version of the software (RiskSmart<sup>TM</sup>, Version 2.2) was used to calculate risk scores in PUF HC-92. Subsequently, the risk score estimation algorithms were changed and improved in several respects. The categorization of medical conditions was updated and refined, increasing the number of condition categories from 184 to 394. In addition, the models were recalibrated and revised using more recent data from large claims databases. Major revisions were made in the model for Medicare; in contrast, the Medicaid model was not altered.

The current PUF uses the most recent software (Sightlines<sup>TM</sup> DxCG Risk Solutions software, Version 4.0.1). Changes in the estimation algorithms imply that values of the relative risk scores have changed from PUF HC-92. The correlations between the (non-normalized) risk scores in the current file and the (non-normalized) risk scores based on the older algorithm (RiskSmart<sup>TM</sup> Version 2.2) for Panels 1-7 are:

0.987 for age/sex model, private insurance0.900 for HCC model, private insurance0.953 for age/sex model, Medicare0.745 for HCC model, Medicare1.000 for both age/sex and HCC models, Medicaid

By merging PUF HC-92 with this file, Users can compare older and current relative risk scores for respondents in Panels 7-9, who are included in both PUF HC-92 and the current PUF HC-140. Licensing restrictions preclude release of updated relative risk scores for persons in Panels 1-6.

#### **Normalization**

Risk scores are "made relative" by multiplying by a normalizing constant, chosen so that the scores average to 1.00 within specified MEPS subpopulations. Thus, relative risk scores are normalized, positive predictions of future (prospective) total health care spending, where a score of 1 refers to a person whose expected costs next year are "average" in a specified population. Regardless of how they are normalized, relative risk scores convey relative expected costliness, so that, when applying the same model to any group of people under a given type of health care benefit, RRS = 1.5 indicates expected costs 50% higher than RRS = 1.0. The relative risk scores

produced by the Sightlines<sup>TM</sup> DxCG Risk Solutions software are normalized to reference populations from large insurance claims databases, which may not be equivalent to populations in MEPS.

For the MEPS data, a separate normalization was performed for each combination of panel and INSCAT1. The entries in Table 2 are the mean "standard" RRSs produced by the DxCG modeling software, for each combination of panel and INSCAT1, prior to MEPS normalization; in calculating the mean, data were weighted by the analytic weight derived for longitudinal analyses of each panel (LONGWT). For example, we applied the HCC Medicare model to all (n = 125,601) members of MEPS panels 7 through 14 who were eligible in Year 1, producing the "standard" (i.e., not normalized) Medicare relative risk scores. People without Medicare coverage received a risk score. The mean of these scores, among only the (n = 2,020) people in the MEPS Panel 7 subgroup with INSCAT1 = Medicare, was calculated as 0.58323494 (see Table 2). Similarly, the mean standard (not normalized) Medicare relative risk score among only the (n = 2,170) people in MEPS Panel 14 subgroup with INSCAT1 = Medicare was 0.63522735.

Table 2 – Conversion Factors (numbers needed to multiply by to recover the original DxCG-model
risk score values)

Panel	Private	Medicare	Medicaid	Uninsured
7	0.81003909	0.58323494	0.37366200	0.67933507
8	0.83119832	0.58985082	0.35056707	0.65727717
9	0.85836747	0.59326826	0.34305124	0.71152669
10	0.86109181	0.59481900	0.35881742	0.72695297
11	0.85962656	0.60249788	0.33559294	0.73059179
12	0.90363890	0.63971966	0.36061106	0.69904968
13	0.89861228	0.63705826	0.35586223	0.76005976
14	0.89566454	0.63522735	0.33309251	0.74684859

#### Age/Sex model

Panel	Private	Medicare	Medicaid	Uninsured
7	0.94846200	1.00230204	0.40098213	0.85589733
8	0.95915263	1.00174351	0.39754273	0.88167199
9	0.96113296	0.99114033	0.40951521	0.88734936
10	0.96595200	0.99915952	0.39923974	0.91068621
11	0.98836258	0.99982992	0.38340498	0.89680178
12	1.00595420	1.00823305	0.39954758	0.89555724
13	0.98736818	1.00269191	0.39073480	0.92321859
14	0.99840073	1.00208650	0.37807942	0.92975062

The mean standard (not normalized) RRSs were then used to normalize the individual relative risk scores, by panel and INSCAT1. For example, all Panel 7 relative risk scores based on the DxCG Medicare model (n = 15,913, including everyone in panel 7, regardless of insurance, if LONGWT was >0 and YEARONE = 1) were divided by 0.58323494 to produce the variable labeled RRSHCCMC for panel 7. Similarly, all non-normalized Medicare relative risk scores in Panel 14 (n=15,993) were divided by 0.63522735, to create the RRSHCCMC score for panel 14.

Thus, the average RRSHCCMC score for Panel 7 people in Medicare (INSCAT1=1) is 1, and the average RRSHCCMC score for Panel 14 people in Medicare is also 1. This process was repeated for each of the other panels. The overall process was then repeated for the DxCG commercial model, yielding the variable RRSHCCPV, and for the Medicaid model, yielding RRSHCCMD. An analogous process was conducted for the age/sex (AS) models, yielding RRSASMC, RRSASPV, and RRSASMD.

In other words, within each combination of panel and INSCAT1, the average risk score is normalized to 1.000. This allows researchers to conduct analysis by panel or by insurance coverage type across panels or both.

The following **normalized** risk scores are thus included in the file:

RRSHCCPV – Normalized RRS, HCC model, private RRSASPV – Normalized RRS, age-sex model, private RRSHCCMC – Normalized RRS, HCC model, Medicare RRSASMC – Normalized RRS, age-sex model, Medicaid RRSHCCMD – Normalized RRS, HCC model, Medicaid RRSASPMD – Normalized RRS, age-sex model, Medicaid RRSHCCUN – Normalized RRS, HCC model, private, normalized to uninsured RRSASUN – Normalized RRS, age-sex model, private, normalized to uninsured

People who were uninsured during Year One of a panel (INSCAT1=4), were also run through each of the six RRS models. The HCC private insurance model predicts subsequent costs best (in terms of R-squared) for the uninsured. To normalize the scores for the uninsured, their standard scores from the private insurance model were divided by the appropriate values in the last column of Table 2. This produced RRSHCCUN and RRSASUN.

Because persons with no data from the first year of a panel are excluded from calculations of normalized relative risk scores, there are 2,096 cases with a missing value code (-9) for the normalized RRSs for private, Medicare, and uninsured. For the Medicaid normalized RRS (RRSHCCMD and RRSASMD), due to exclusion of people 65 and older from the Medicaid model, there are an additional 14,981 cases with the missing value code of -1.

If a researcher wants to convert the relative risk scores to dollar predictions, he/she needs to multiply the average expenditure for a combination of panel and INSCAT1 by the relative risk score for that combination. To move from a relative prediction to a dollar prediction for a person in any of these three insured populations, multiply the risk scores by the average expenditure for the corresponding panel/INSCAT1 combination, as given in Table 3. For example, to create dollar predictions for an uninsured respondent in a panel, multiply the RRSHCCUN or RRSASUN relative risk score for an uninsured respondent in a panel by the mean observed cost for uninsured respondents in that panel.

Panel	Private	Medicare	Medicaid	Uninsured
7	\$2,329.69	\$8,213.69	\$2,443.24	\$1007.16
8	\$2,575.74	\$8,806.04	\$2,289.97	\$965.64
9	\$2,928.18	\$9,826.39	\$2,125.23	\$1,055.05
10	\$2,774.81	\$8,848.53	\$2,191.79	\$1,359.86
11	\$3,033.68	\$9,660.18	\$2,439.14	\$1,274.35
12	\$3,338.40	\$9,053.40	\$3,292.84	\$1,453.64
13	\$3,226.53	\$9,640.00	\$2,679.10	\$1,328.22
14	\$3,390.57	\$11,118.44	\$2,513.96	\$1,434.57

Some users might prefer to use a different normalization procedure than the one used here. To accommodate this possibility, the file also includes 6 (insurance type by model specification) "standard" risk scores <u>prior</u> to normalization. These are

HCCMC - Not normalized risk score, HCC model, Medicare

HCCMD - Not normalized risk score, HCC model, Medicaid

HCCPV - Not normalized risk score, HCC model, commercial

ASMC – Not normalized risk score, age/sex model, Medicare

ASMD – Not normalized risk score, age/sex model, Medicaid

ASPV – Not normalized risk score, age/sex model, commercial

(The means of these scores, by INSCAT1 and Panel, appear in Table 2.)

Other risk adjustment models similar to the DxCG-HCC models are in use. For example, the Centers for Medicare and Medicaid Services (CMS) uses a variant of the DxCG-HCC model to perform risk adjustment for Medicare Advantage plans. Software to run this model is available without cost.

(See <u>http://www.cms.gov/Medicare/Health-</u> <u>Plans/MedicareAdvtgSpecRateStats/Risk\_adjustment\_prior.html</u>).

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